

## Minutes from TVWLL Board Meeting, November 15, 2016

1. Review rule changes to the Rules and Regulations section:
  - Blackout period will begin on the first Sunday of November and extend to February 1st.
  - Preseason conditioning may begin at any time during the blackout period.
  - Coaches and assistant coaches are allowed to participate in pre-season conditioning.
  - Preseason conditioning is defined as; ground balls, passing, shuttles, clears, drills, and draws, as well as conditioning and strengthening exercises.
  - Coach run scrimmages or the teaching of plays within a game situation are not allowed. No full field or 7v7 groupings, and no set or play development by coaches.
2. The date for Jamboree is March 11, 2017. The date for Tribes is March 17-18, 2017.
3. Looked at moving the Newbie clinic, it is still under discussion.
4. Concussion Information: Jake Hardee from St. Luke's Sports Medicine provided an information packet, which included the TVWLL Concussion Plan, a Parent/Guardian & Athlete Concussion Information Acknowledgement form, and a Return to Participation Medical Release form.
  - TVWLL is looking to make training through St. Luke's more readily available to teams, and Jake Hardee has agreed to come out and train coaches on the protocols regarding concussions. Idaho legislation requires club teams to follow the same requirements as sanctioned sports in regards to concussion information and protocols.
  - No player will be allowed to return to play following a concussion related injury without a medical release form signed by a doctor.
5. The Hot Potato Budget was approved and stayed within the range Kristy Sligar had expected.
6. Kristy Sligar and Natalie Baryholz presented ILA goals and information to help support TVWLL and girl's lacrosse in the state of Idaho.
  - CEP Level 1 training will be offered in January (exact date to be determined) on a Saturday, from 9:00-3:00.
  - There will be a USL training book given to each school program to assist coaches.
  - USL is now giving our soft sticks and running a curriculum for younger children interested in the sport.
  - A JV Tournament will be held in the Treasure Valley in April or the 1st weekend in May. Twin Falls, Bozeman, Jackson Hole, Idaho Falls, and two teams from the Logan, Utah area are currently planning on attending.
7. Members and representatives in attendance: Sandra McDavid (Pres, TVWLL), Melody Jorgensen (Skyview), Brent Deakins (Eagle), Brett Packard (Eagle), Kristy Sligar (Grow Girls Lacrosse), Lori Wilson (Bishop Kelly), Drew Tener (Skyview), Katie

Ketterling (Middleton), Natalie Baryholz (ILA), Jim Pape, (Board /Boise), James Chapman (Borah), Jim Pickett (Parent Rep./Borah), Lisa Szentes (Board/Eagle) Brenda Laws (Board Secretary/ Mountain View)

**8. Next Meeting scheduled for December 15, 2016.**